Uxendon Manor Primary School
Feedback report

the mindgym

The statistics

6 sessions ran between May and July in 2017

46 participants gave feedback

100% felt actively involved in the workouts

100% felt the content was relevant to them

100% will use what they have learnt

100% would recommend the workout to others

96% would rate this workout as very good or excellent

Feedback by course

Course	Q1%	Q2%	Q3%	Q4%	Q5%	Runs	People
Parent Gym, 6 week programme: 1. Chat	100	100	100	100	85	1	13
Parent Gym, 6 week programme: 2. Love	100	100	100	100	100	1	3
Parent Gym, 6 week programme: 3. Behave	100	100	100	100	100	1	8
Parent Gym, 6 week programme: 4. Care	100	100	100	100	100	1	7
Parent Gym, 6 week programme: 5. Discover	100	100	100	100	100	1	8
Parent Gym, 6 week programme: 6. Together	100	100	100	100	100	1	7

Q1 - I felt actively involved in the workout, Q2 - I felt the content was relevant to me, Q3 - I will use what I have learnt, Q4 - I would recommend the workout to others, Q5 - I would rate the workout as very good or excellent

What the participants thought

6 week programme: 1. Chat

Comments

"Is all good."

"It is helpful for me and my daughter."

6 week programme: 3. Behave

Comments

"Yes, is good for me I have learn so much new things"

"Promise positive language in talk"

6 week programme: 6. Together

Comments

"Excellent programme which would benefit all by it being on-going."


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